Beyond The Spectrum ABA Therapy

Choosing an ABA Therapy Center

Use this checklist to help you evaluate which ABA therapy center will be best for you.

Things to Consider	Beyond The Spectrum ABA Therapy	Other Centers	
		Yes	No
Does the center have a facility to watch therapy happening live?	YES		
If your child has a history of trauma, does the center create a care plan that helps to address their specific needs?	YES		
To ensure the safety of all children and minimize the potential for escalated behaviors, does the center utilize QBS Safety Training?	YES		
Does the center follow an emergency preparedness plan for staff and children and perform regular fire drills, safety drills, etc.?	YES		
Does the center include the following for its therapy technicians: • First Aid/CPR certification? • Background check? • Drug screening? A focused full-time training period before working with children?	YES		

Does the center provide ongoing training to its staff, including ABA education, skill development, and child-specific needs?	YES		
Does the center's therapy program include: • A balance of focused, structured one-to-one ABA therapy? Structured group or social opportunities to allow for learning in various environments?	YES		
Does the center use a play-based approach to learning new skills in a fun, inviting environment (that doesn't feel like a doctor's office)?	YES		
Does the center hold regular meetings with the child's BCBA supervisor to: • Help manage problem behaviors at home? • Implement a routine that eases parents' daily struggles Establish functional communication between parents and their child	YES		
Does the center have an educational program for parents and provide structured parent training?	YES		
Will the center provide the full therapy hours approved by insurance? For example, if insurance approves 40 hours per week of therapy, does the center have enough technicians to fulfill this?	YES		
Does the center allow other professionals (e.g., speech and/or occupational therapists) to provide services on-site?	YES		
Does the center organize community outings (e.g., to the park, aquarium, and fire department) with parents, therapists, and BCBAs?	YES		
Is the center conveniently located, with freeway access and underground parking?	YES		

Does the center assist with pre authorizations for insurance to speed up approvals and resolve queries promptly?	YES		
Does the center cater to part-time children, or does it only accommodate full-time attendees?	YES		
Is the center supported by a proven, national care model and network?	YES		

Beyond the Spectrum offers ABA Therapy for children with diverse developmental needs, alongside comprehensive parent training. We are dedicated to fostering self-control, independence, and a strong sense of self in a supportive and engaging environment. Our ultimate goal is to empower children with functional skills that enable them to thrive as confident, fulfilled individuals in everyday life.

Compare the Numbers	Beyond The Spectrum ABA Therapy	Other Centers	
		Yes	No
Individualized Care and Support Some ABA Autism Therapy Centers serve as many as 60 children. Our center limits capacity to 24 children to provide more individualized care and support.	24		
Caseload of BCBA Supervisor of Technicians Does the BCBA Supervisor have a small caseload for more focused supervision of your child's therapy? At our center, BCBAs have a full time caseload of no more than 12 children. Compare this to other centers, where caseloads may range from 20 to 30 children. Make sure to ask what their caseload is.	12		
We work with children from 18 months up to 18 years. Some centers have age limits, and children may age out once they turn 6.	18 Months to 18 Years		
Does the center implement regular therapy rotations between technicians? For example, do therapy sessions with the same technician last no more than two hours? Regular rotations help to:	Every 2 Hours		

• Improve your child's engagement in therapy, leading to better learning opportunities and outcomes. • Reinforce skills being learned and demonstrated across various people, including therapy technicians, peers, friends, and family members.			
What therapy options are offered by BTS? At BTS, we provide four therapy options to best meet the needs of each child: In-Center Therapy: Therapy sessions are conducted in our state-of-the-art facility, offering a structured and supportive environment. In-Home Therapy: We bring therapy to your home, providing convenience and personalized care in a comfortable setting. School or Day Care Support/Shadowing: Our therapists work alongside children in school or daycare settings, offering real-time support to help integrate therapy into their daily routines. Telehealth: We offer remote therapy sessions, allowing children to receive therapy in the comfort of their own home while maintaining flexibility and convenience. These options ensure that we can provide the most effective care, tailored to each child's unique needs.	4		

For More Information:

- ATN/AIR-P Parent's Guide to Applied Behavior Analysis
- ATN/AIR-P An Introduction to Behavioral Health Treatments
- Association for Behavior Analysis International (ABAI)